



Captivating teens and adults through fitness and fun.

Our commitment: creating a recreational environment tailored for personal physical challenges and serving as a communal hub. By introducing innovative products equipped with evolving difficulty levels, each user is driven on their unique journey.

Picture a group of teens, each challenged to push their own boundaries. Our products are designed to be a cut above the ordinary, a tad higher, edgier and bolder than the average playground, making them a natural hangout spot for teens seeking both excitement and self-improvement.

Trekfit invites teens and adults to discover their own challenges, encouraging a dynamic and empowering environment where every person can push their limits and find their unique path to personal achievement through fitness and fun.



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The Canyon



The Canyon stands as a harmonious blend of art and recreation, inviting adventure in the park. Featuring Trekfit's largest climbing surface to date, it presents an intuitive and appealing design that seamlessly integrates with its surroundings.

Innovation: The Canyon

Meet Trekfit's boldest creation. Inspired by the serene beauty of natural canyons, which serve as urban escapes, this Urban Boulder offers an engaging activity for both teens and active adults.

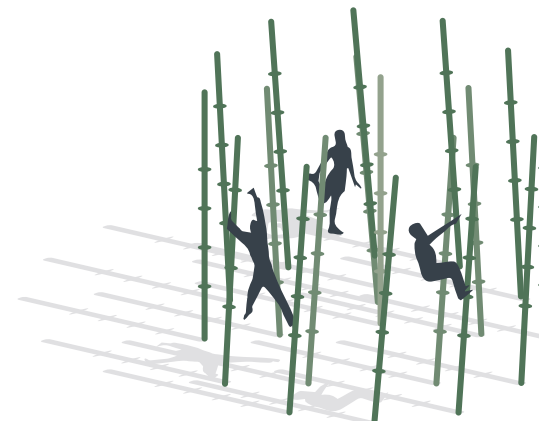
Obstacle Challenges

Looking to engage both teens and active adults while delighting the eye? Look no more.

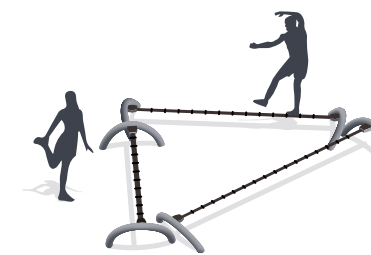
Trekfit offers the perfect Obstacle Challenges.

Designed to encourage an active lifestyle, it combines the best of urban art with an array of physical challenges. Ideal for teens, they are created to offer a variety of skill levels, making for a course that challenges everyone according to their own ability.

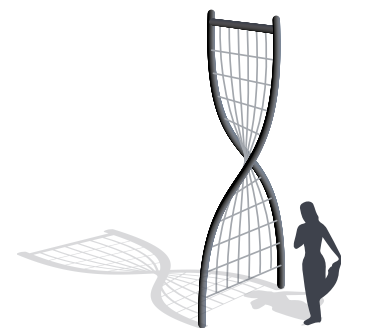
These arresting pieces enhance the public space while bringing all segments of the community together in the spirit of activity and fun.



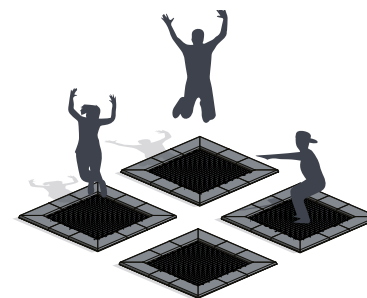
Bamboo Jungle



Slacklines



Cargot Net



Fitness Bouncers



Crossing of Giants



Bamboo Jungle



[Visit Youtube - Trekfit channel to see the Obstacle Challenges in action.](#)



Fitness Bouncers



Slacklines



Crossing of Giants



Cargo Net



Bamboo Jungle

GRANDS PRIX DU DESIGN

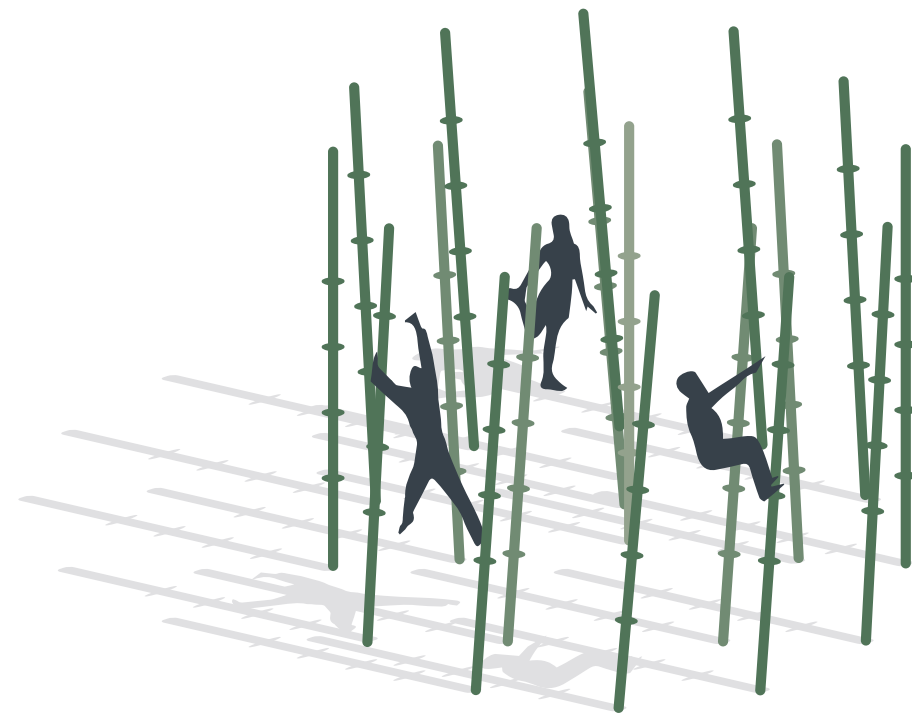
Welcome to the Jungle

Say hello to a stunning piece of equipment that recreates the movement of bamboo in the wild.

Engaging both teens and adults, this Obstacle Challenge encourages the coming together of friends and families in the park, creating an active and social gathering.

Filled out with exclusive Trekfit grips, the stems are color-coded with four different skill levels, making for a course that challenges everyone according to their own ability. Inspired by parkour, the 3,5" diameter posts are arranged at a 5-degree angle, inviting users to work their way across the course.

Available in 11 distinct layouts to fit your park design the Bamboo Jungle offers an exhilarating challenge that never gets old.



Specifications



[Click to discover the Bamboo Jungle](#)

11 Distinct layouts to choose from

Teens A trendy teen favorite

2 Offers both a horizontal and vertical challenge



Slacklines

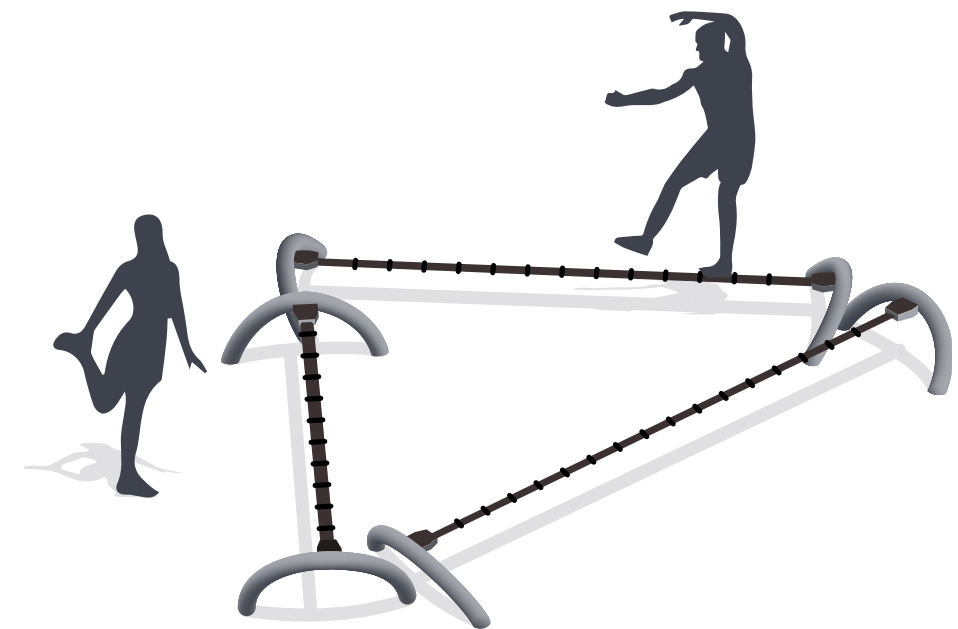
Pick up the Slack!

Add some balance to your workout with slacklining.

Equipped with three levels of difficulty, Trekfit's slacklines provide a fun challenge for the whole family. But while the enjoyment is undeniable, don't forget that it also delivers many health benefits, including brain gains (enhanced focus and concentration for memory and learning), as well as increased core and lower body strength.

Still wondering what slacklining is? It can be defined as the challenge of walking, running or balancing along a suspended length of flat webbing that is tensioned between two anchors.

On balance, we believe that it will become a new work-out favorite.

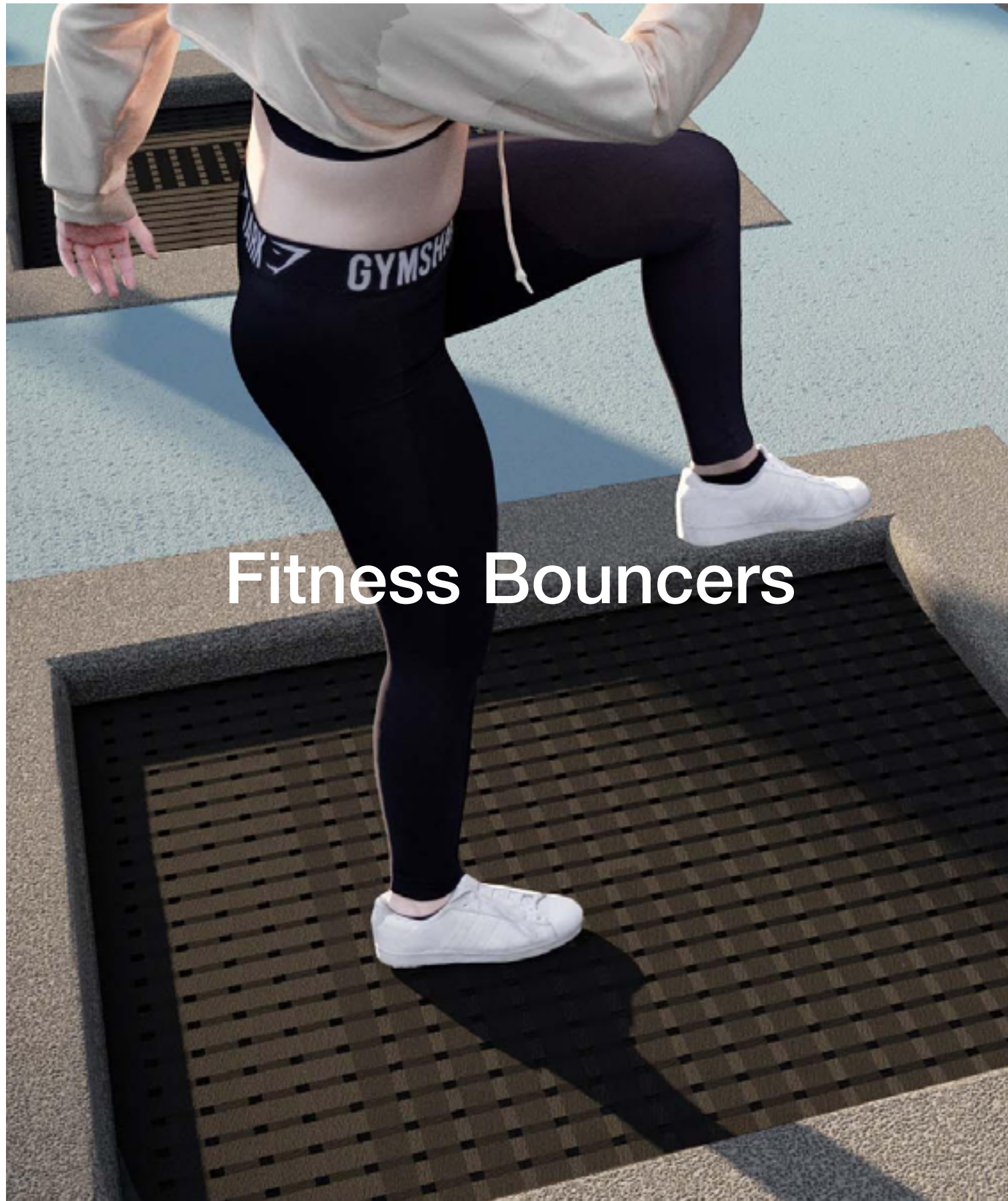


Specifications

3 Combine our 3 slacklines for a perfect Obstacle Challenge

Teens A trendy teen favorite

3 Levels of difficulty from beginner to advanced



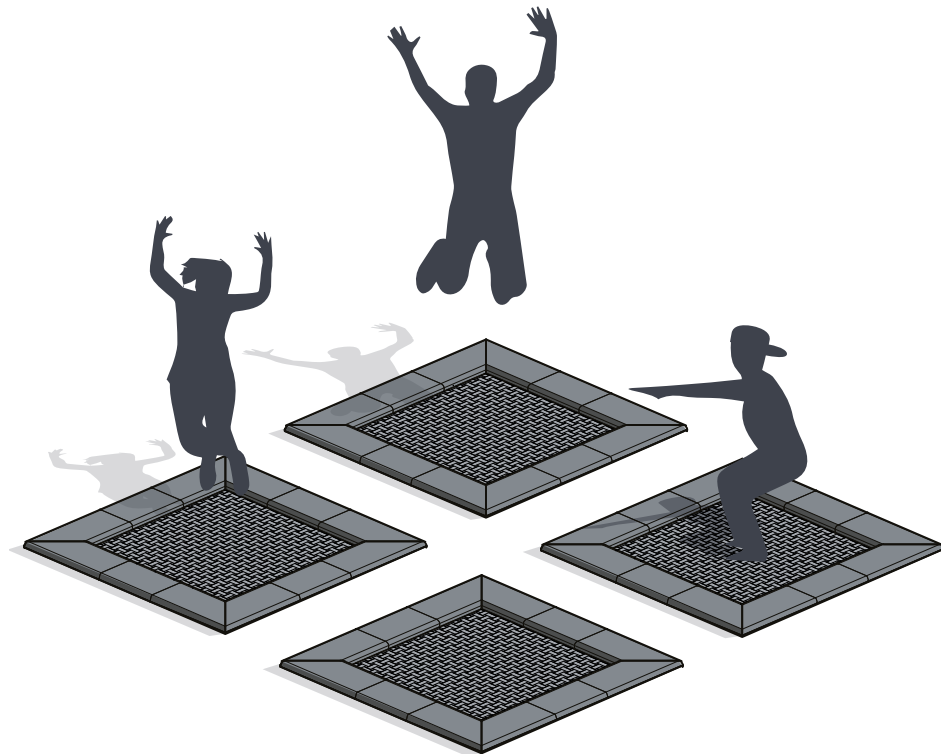
Fitness Bouncers

Getting the Jump on Fitness

Fitness Bouncers are fun, but they're not just for kids!

Many people are now incorporating this moderate-to-vigorous aerobic exercise into their fitness routines as the perfect cardio station. Why? Because it increases the heart rate and oxygen level, leading to better cardiovascular fitness, as well as improved balance, coordination, core and muscle strength.

Our ground-level Fitness Bouncers can be used for many applications. They can be added to any fitness circuit and combo as a cardio station or to enhance the value of your obstacle park. For example, think of combining 4 to 6 Fitness Bouncers as preparation for a group training station.

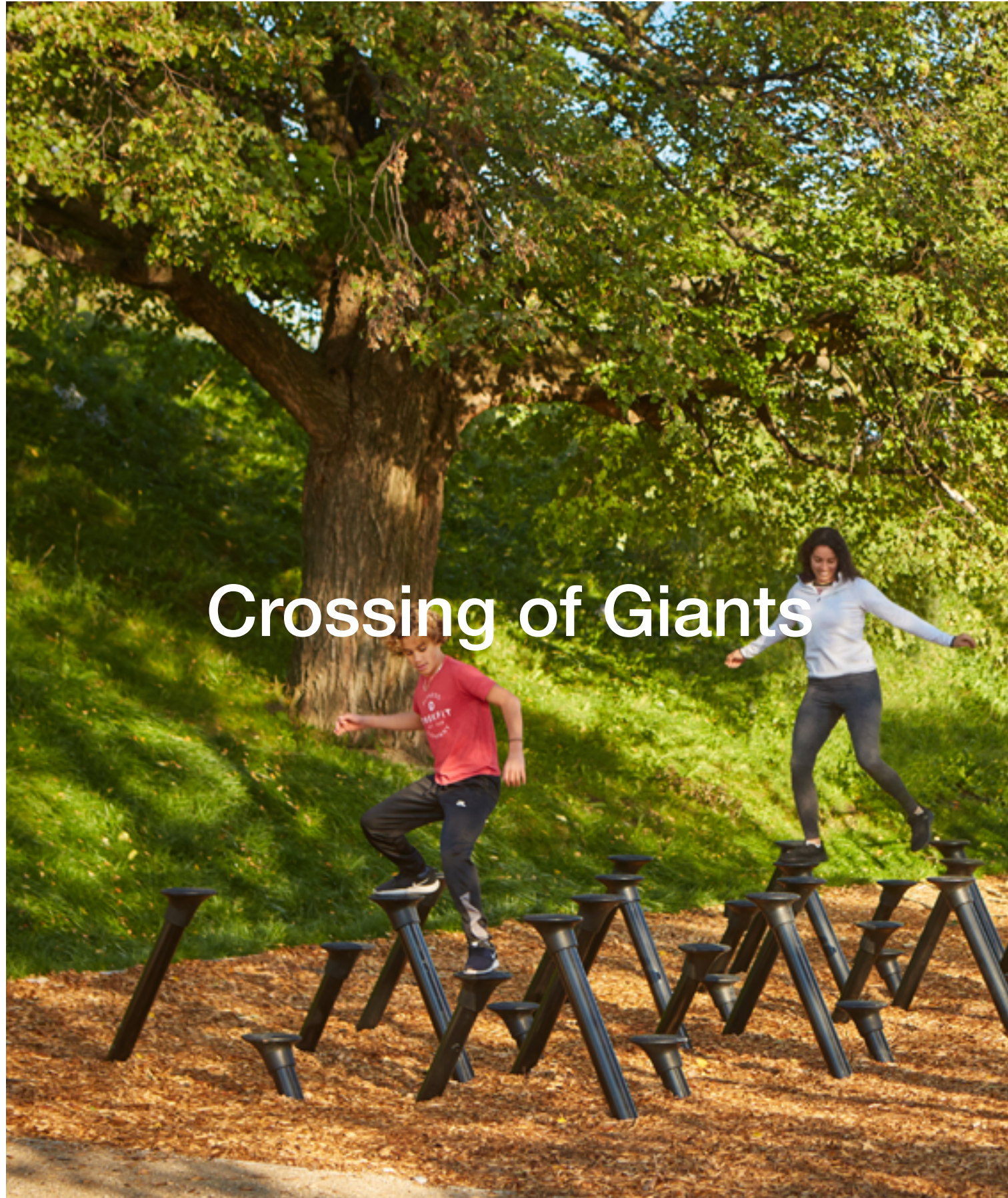


Specifications

5 5' x 5' individual Fitness Bouncers

Teens A trendy teen favorite

4 Combine 4 to 6 Fitness Bouncers for a group training station



Crossing of Giants

Step up your Game

Inspired by wood stumps, our Crossing of Giants invites users to make their way across the course by jumping from one stem to the next, testing balance, flexibility and agility to the max.

Visually striking, simple but effective, this exciting course offers both a horizontal and vertical challenge to people of any fitness level.

Its UV resistant EPDM footrests come with an antislip design and can be configured in several layouts, including one adapted for schools.

Perfect as a stand-alone, it is also ideal as a challenging transition between obstacles in a workout course.



Specifications

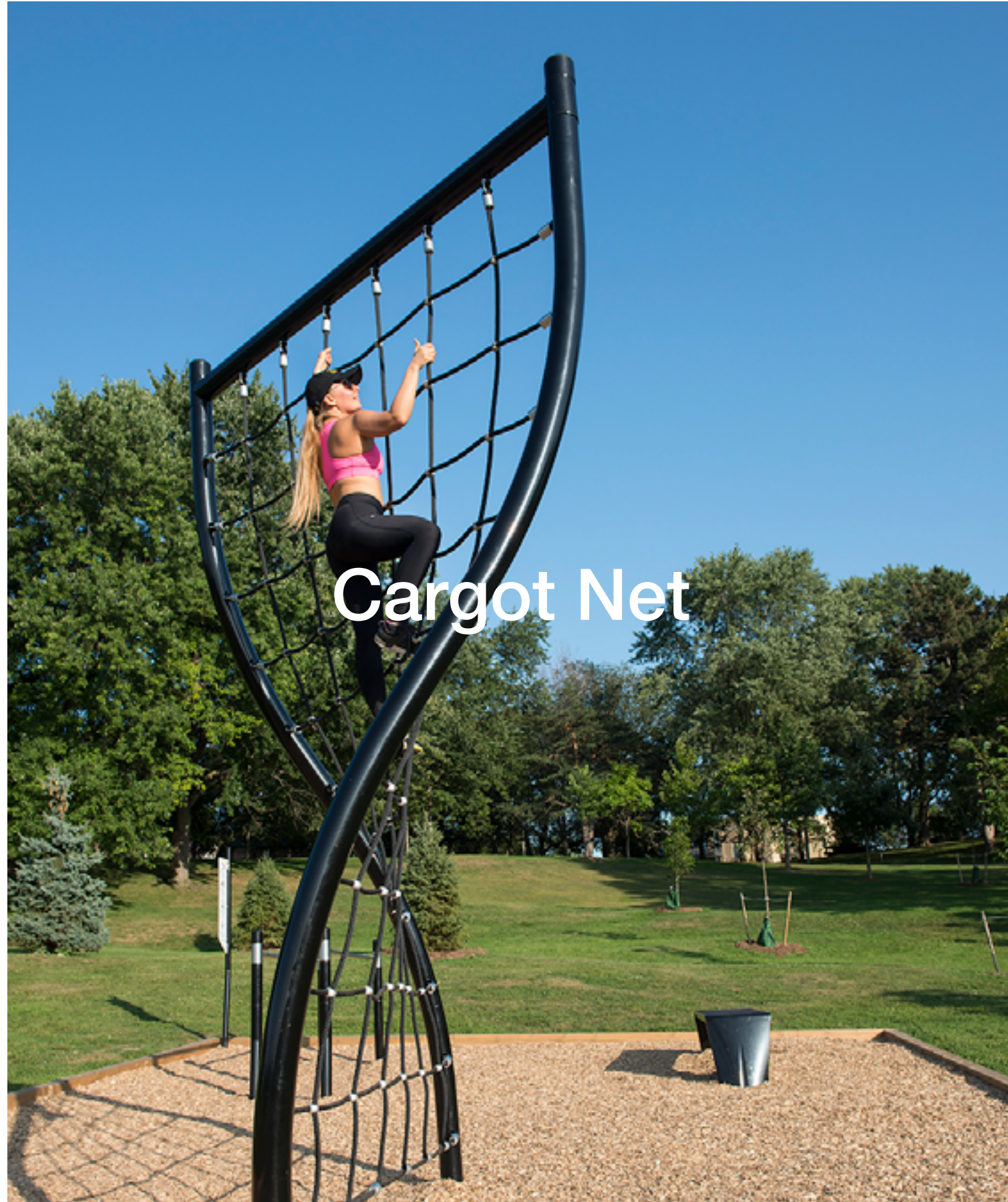
4 Distinct configurations to choose from

Teens A trendy teen favorite

2 Offers both a horizontal and vertical challenge



[Click to discover the Crossing of Giants](#)



Cargot Net

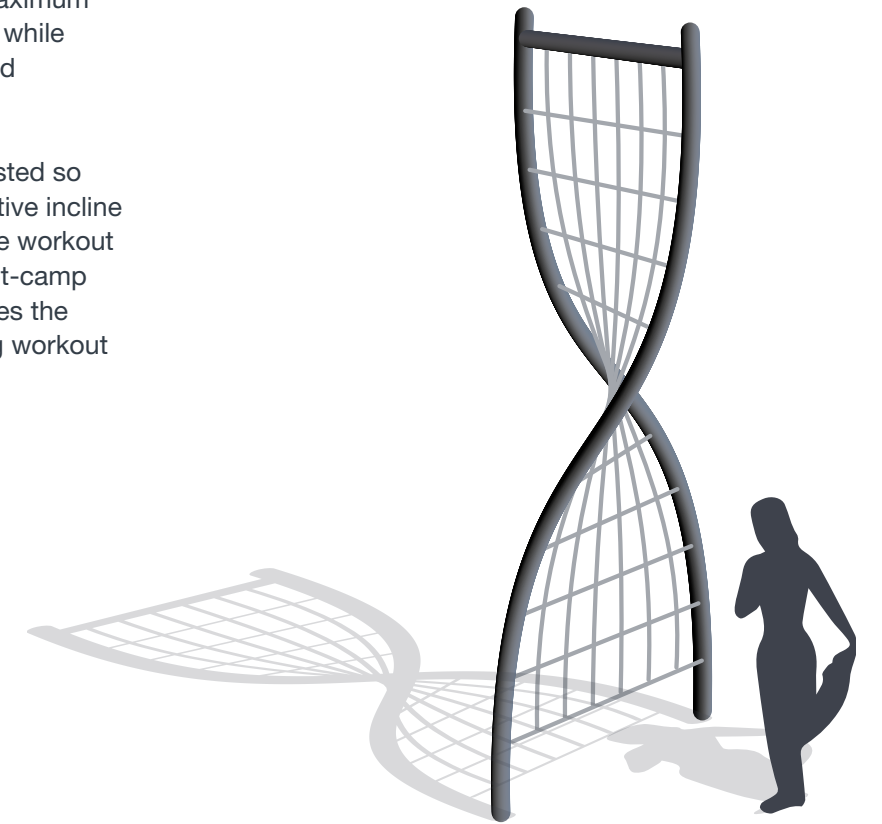
Net Gain

Welcome to Trekfit's Cargot Net, a military-style climbing net with a twist.

With a sleek, modern look, it stands an impressive 14 ft. high. For the younger crowd there is a 10 ft. model, which is ideal as part of a circuit or to fit a smaller space.

The Cargot Net's mesh is made from galvanized steel cable, covered with polyester for maximum resistance to abrasion and discoloration, while its openings are larger than a foot to avoid entanglement.

The best part? The entire structure is twisted so that it can deliver both positive and negative incline possibilities, allowing the user to tailor the workout to their own fitness level. Inspired by boot-camp military climbing nets, our model combines the beauty of sculpture with the most thrilling workout imaginable.



You Tube [Click to discover the Cargot Net](#)

Specifications

2 2 variants available: 14 ft. and 10 ft. high versions

Teens A trendy teen favorite

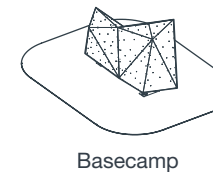
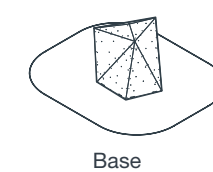
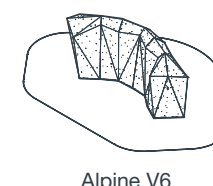
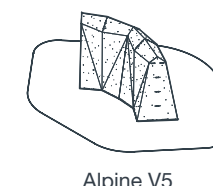
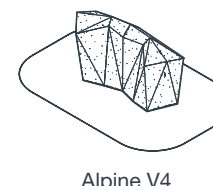
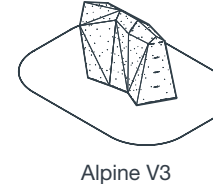
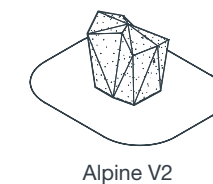
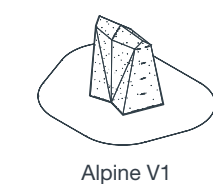
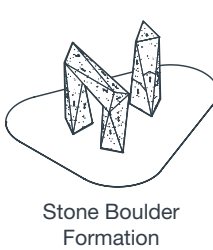
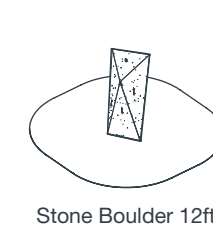
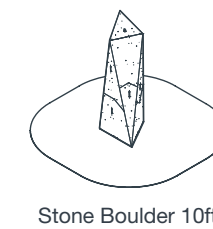
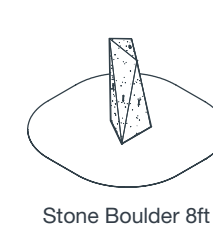
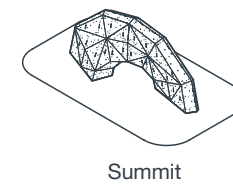
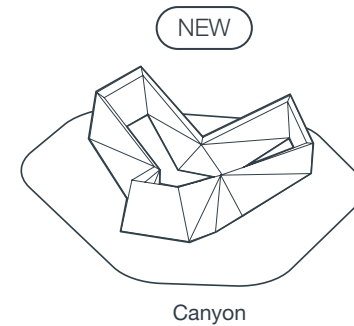
3 Levels of difficulty from beginner to advanced

Urban Boulders

Climbing is a fast-growing activity amongst teens and adults in our communities.

Trekfit presents : The Urban Boulders line.

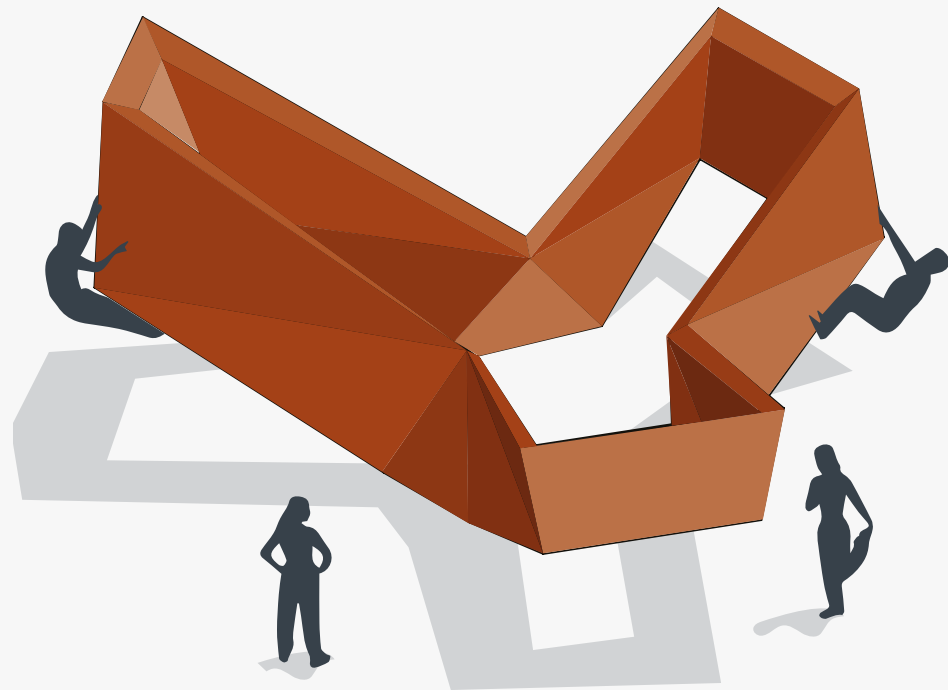
Beautiful free-standing sculptures composed of striking geometric angles, they are visually impressive and fun, being both an attractive addition to any space as well as a great way to encourage and foster teens and community engagement through physical activity.



The Canyon

NEW

Capturing the tranquil allure of natural canyons, this inspiring space stands as the perfect meeting point for both teens and climbing enthusiasts.



Specifications

ft²

1,400 ft² of climbable surfaces

12

Up to 12 users on the structure

3

Levels of difficulty, from beginner to expert



[Click to discover the Canyon](#)



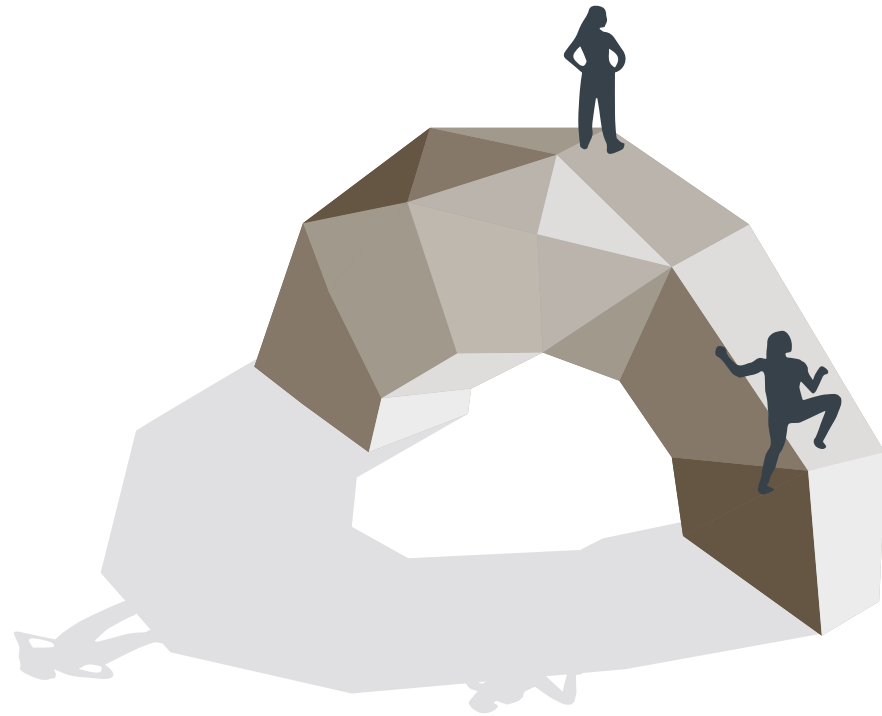
SCHOOL APPROVED

The Summit

A beautiful free-standing sculpture composed of striking geometric angles.

The Summit is both imposing and impressive: a massive structure 12 ft. high. Inspired by indoor climbing boulders, it contains hundreds of polyester resin grips of various shapes and sizes.

Featuring both positive and negative inclinations, this climbing wall appeals to both teens and adults, catering to recreational enthusiasts and experienced climbers alike. It offers a challenging yet rewarding experience.



GRANDS PRIX DU DESIGN

Specifications



[Click to discover the Summit](#)

- 12 12 ft. high, offering up to 600 ft.² of climbable surfaces
- 6 Offers 6 distinct climbing paths
- 3 Levels of difficulty, from beginner to expert



The Stones

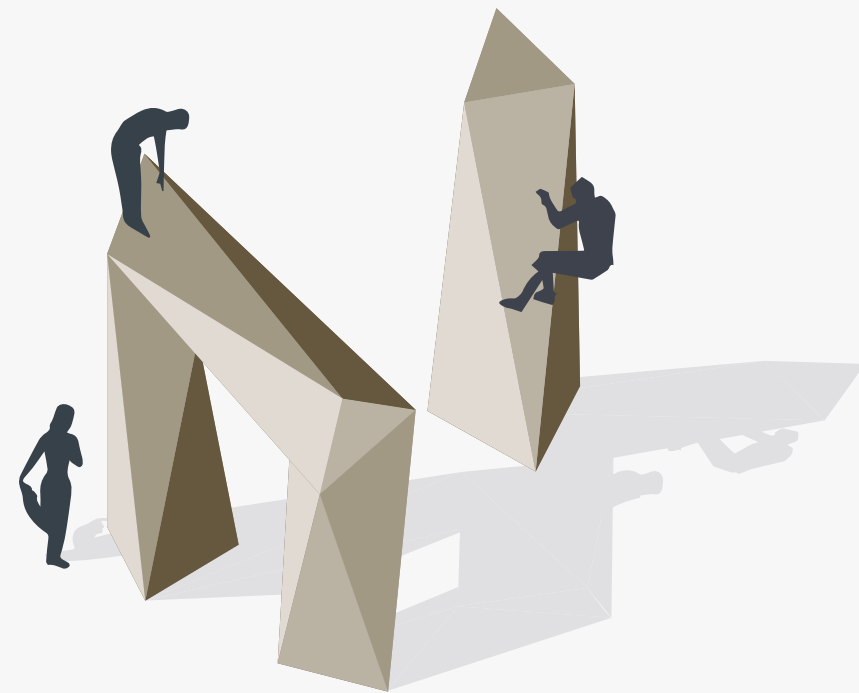
SCHOOL APPROVED

With their small footprint and striking look, they enhance any project from urban settings to smaller spaces.

These natural looking obstacles are inspired by the mysteries of Stonehenge and its standing stones. These boulders are designed to offer just the right challenge for each user. With the addition of the lintel, overhang possibilities are available for the experienced or adventurous

climbers while the limited height of the Stones will appeal to amateur and younger climbers.

With 5 configurations available, they offer endless possibilities of climbing paths. These structures are fitted for the entire family.



Specifications

- 3** Climbing elevations (8ft., 10ft. and 12ft. high).
- 5** Configurations to choose from.
- E** Overhang possibilities for the experienced climbers



The Alpine

With challenging decline sections at both ends, the Alpine can be adjusted according to your own climbing vision.

Completely modular and expandable, it is composed of 10 ft. high connectable modules, allowing you to form endless configurations of sequences that are just the right length and shape for what you have in mind.

In fact, your only limitation is how you envision the project you wish to create.



SCHOOL APPROVED



Specifications

10

Composed of 10 ft. high connectable modules

6

Configurations to choose from

3

Levels of difficulty, from beginner to expert



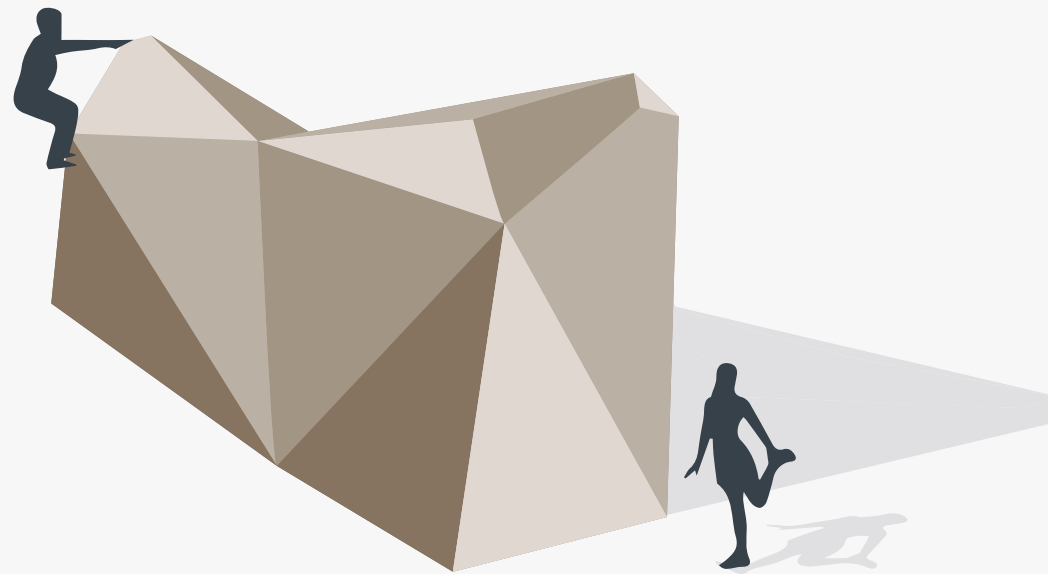
The Base & Basecamp

SCHOOL APPROVED

Our smallest Urban Boulders offer the perfect introduction to young climbers.

Fun and inviting, these Boulders allow young climbers to ascend to their heart's content in complete safety. Ideal for school settings, they provide the necessary space for kids to learn a range of essential skills while all the

time enjoying themselves. They are not only a wonderful training ground for future climbers - they also give them the platform from which they can build confidence, foster creativity and develop the coordination that will spell success in any number of fields.



Specifications

You Tube [Click to discover the Base & Basecamp](#)

8

8 ft. high.

Junior

Ideal for kids and beginner climbers

2

Configurations available, Base + Basecamp





Fitness Equipment & Calisthenics

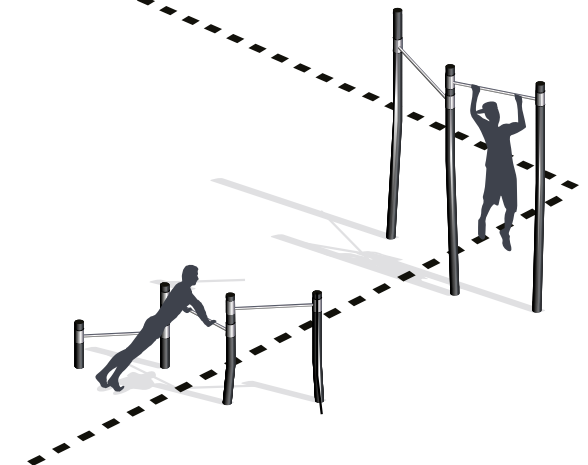
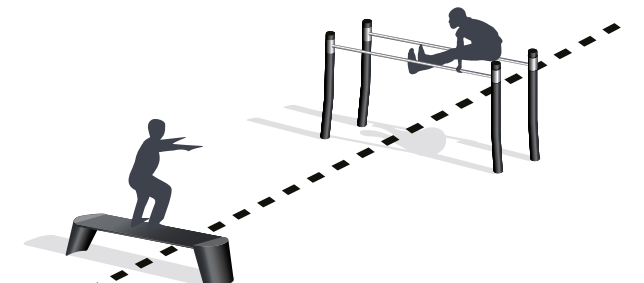
Trekfit Fitness Equipment

Trekfit provides a series of fitness equipment and calisthenics racks that not only blends in harmoniously with both urban and natural settings, but allows users to get the most out of their workout.

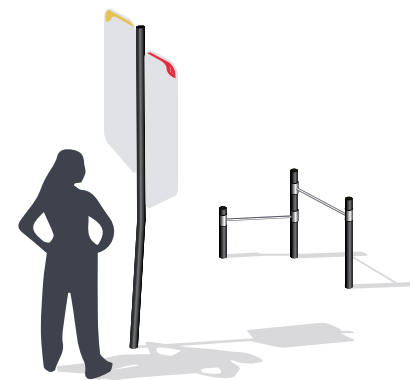
Enhancing the fitness experience, each station features an information panel that guides users through tailored exercises based on their fitness levels, inviting them to move across the circuit in the most effective way possible while incorporating warm-up, workout and stretching routines.



Calisthenics



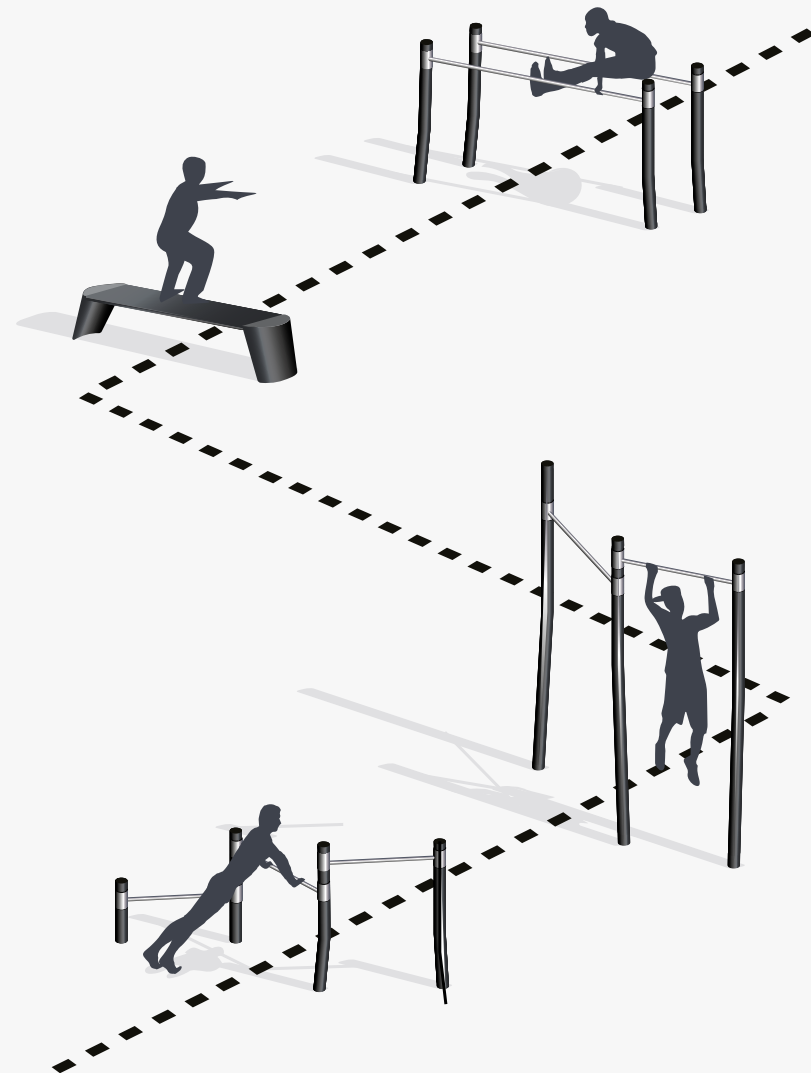
Fitness Circuits



Workout Programs

Trekfit Fitness Equipment

Get inspired by our tailor-made outdoor Fitness Equipment. Trekfit's equipment known for its simplicity, durability, and versatility, is crafted to cater to the everyday requirements of both casual fitness enthusiasts and individuals seeking to regain their fitness.



You Tube [Click to see the Fitness Circuits in action](#)

Fitness Circuits

Put simply, a circuit is a series of exercises that one executes with little or no break as one moves from station to station.

This has the advantage of burning the maximum amount of calories in the shortest amount of time while engaging the cardiovascular system.

Each circuit is comprised of three phases: warm up, workout and stretching, and can be followed simply by reading the instruction panel by each station.



Instructional Videos

A detailed instructional video of each exercise is available on the user's smartphone just by reading the QR code.



Mobile Applications

The mobile application helps locate the Trekfit fitness parks, offers a list of equipment available in each park, while offering specific training programs based on the user's fitness ability and goals.



Calisthenics

The ultimate challenge for teenagers and young adults. Calisthenics training uses one's own body weight for optimal training. Developed by the military, calisthenics have become a popular urban discipline around the world and is being practiced more and more by young people in universities and colleges.



SCHOOL APPROVED



[Visit Youtube - Trekfit channel to see our Calisthenic's crew in action.](#)



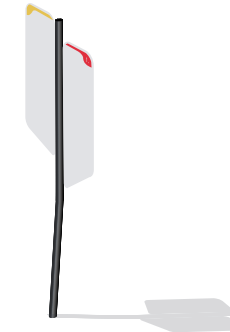
Our calisthenics racks were developed in collaboration with canadian experts for beginners and pros alike, while our training system is designed to help the novice become proficient in acrobatics in a short amount of time.



Benchfit

Benchfit

Provide a safe and complete workout using nothing more than existing park benches and Trekfit instructional panels.



Program

Choose between four training programs that meet the needs of users of all ages and ability levels.



Ideal for...

Benchfit is ideal for trails, seniors' residences, small spaces and limited budgets.



Natural obstacles

In keeping with Trekfit's ethos of blending in harmoniously with the environment, learn how natural objects such as rocks, boulders and tree trunks can be used by our kinesiologists to create customized fitness circuits.



[Visit Youtube - Trekfit channel for Benchfit users in action.](#)



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